Articles

Sequential [177Lu]Lu-PSMA-617 and docetaxel versus docetaxel in patients with metastatic hormone-sensitive prostate cancer (UpFrontPSMA): a multicentre, open-label, randomised, phase 2 study



Arun A Azad, Mathias Bressel, Hsiang Tan, Mark Voskoboynik, Aneta Suder, Andrew J Weickhardt, Alexander Guminski, Roslyn J Francis, Javad Saghebi, Nattakorn Dhiantravan, Anthony M Joshua, Louise Emmett, Lisa Horvath, Declan G Murphy, Edward Hsiao, Bavanthi Balakrishnar, Peter Lin, Andrew Redfern, William Macdonald, Siobhan Ng, Sze-Ting Lee, David A Pattison, David Nadebaum, Ian D Kirkwood, Michael S Hofman, on behalf of the UpFrontPSMA Study Team*

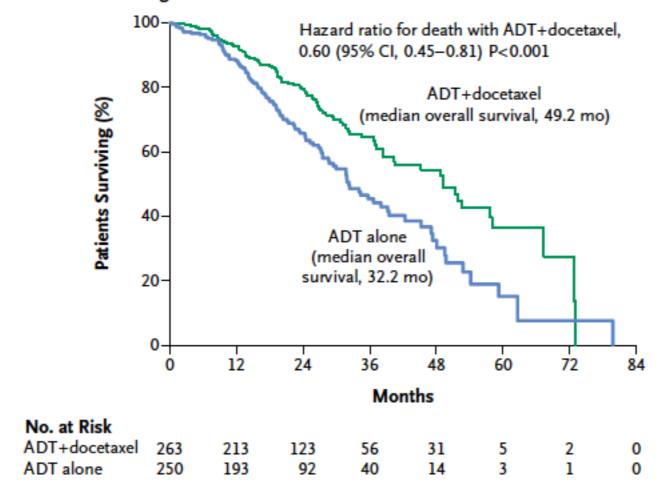
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Associate Professor, Nuclear Medicine

ACTREC, TMC

B Patients with High-Volume Disease



CHAARTED, Christopher J. Sweeney et al, 2015, NEJM

High volume disease:

visceral metastases or at least four bone metastases, with one or more outside of the vertebral column and pelvis

HYPOTHESIS

177Lu-PSMA in combination with docetaxel achieves a higher undetectable PSA (less than equal to 0.2 ng/ml) rate at 12 months compared to docetaxel alone in men with newly-diagnosed high-volume mHSPC.

Participants



Adenocarcinoma ≤4 weeks ADT



≤ 12 weeks since diagnosis



metastases on CT and/or bone scan



PSA > 10ng/ml (pre ADT)

Pre-Randomisation



PSMA







central imaging review

PSMA PET:

- high tumour uptake
- high volume disease

FDG PET

• most disease PSMA+

Randomisation



Experimental Rx (n=63)

- 177Lu-PSMA-617, 7.5 GBq x 2 cycles
- docetaxel 75mg/m² x 6 cycles



1:1 randomisation

- stratified by disease volume
 - duration of ADT



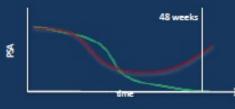
Control arm (n=67)

docetaxel 75mg/m²x 6 cycles



ADT given in both arms

Endpoints



Primary:

Undetectable PSA at 48 weeks (PSA s 0.2ng/ml)

Secondary:

- PSA-PFS
- Castration-resistance
- rPFS
- Overall survival
- QoL and pain
- Adverse events

Dual PET criteria for inclusion

PSMA-avid disease

SUVmax of more than 15 and high-volume metastases (defined as visceral disease, four or more bone metastases with at least one outside the axial skeleton on PSMA PET, or both

18F FDG PET

absence of extensive discordant FDG-positive, PSMA-negative disease, *defined as* presence of FDG-positive disease with minimal PSMA expression in multiple sites (more than five) or in more than 50% of the total tumour volume.

Sample size

A sample size of 140 patients was initially chosen to provide 85% power assuming an undetectable PSA proportion at 48 weeks of 25% in the control arm and 50% in the experimental arm.

36 (22%) of 166 patients were found to be ineligible after PET-CT scans due to low uptake or low-volume disease on PSMA PET or discordant disease on FDG PET-CT.

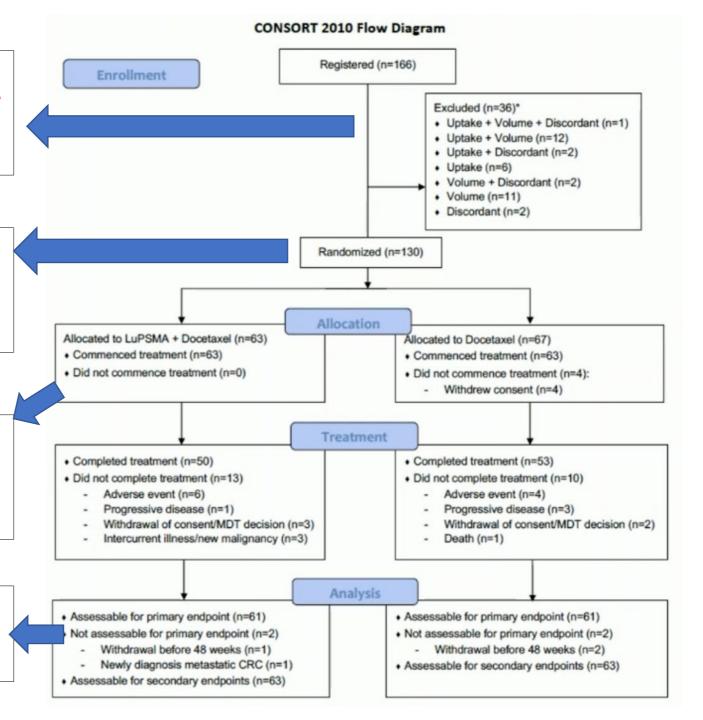
Accrual was stopped at 130 patients due to delays in recruitment caused by COVID-19-related lockdowns. The power was reduced from 85% with 140 patients to 82% with 130 patients.

4 patients recruited in control arm withdrew consent.

63 patients in each arm ultimately commenced treatment

61 patients in each arm were evaluable for **primary endpoint**

63 patients in each arm-→ secondary endpoints



Treatment exposure

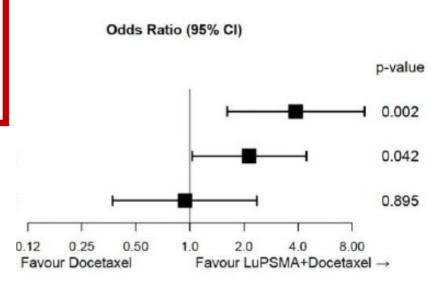
Treatment	Lu PSMA+ Docetaxel	Docetaxel
Lu PSMA Completed 2 cycles Dose reduction Dose delay	63 0 1	NA
Docetaxel Completed 6 cycles Dose reduction Dose delay	50(79%) 21(33%) 6 (10%)	53(84%) 11(17%) 4 (6%)

Results: Patient characteristics

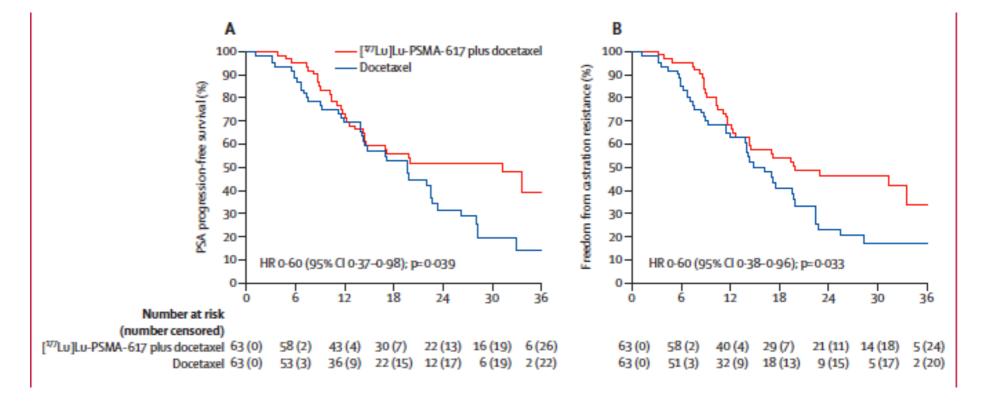
	Lu PSMA + Docetaxel (n=63)	Docetaxel (n=63)
Age(median,IQR)	69 (63–73)	69 (64–74)
ECOG, PS 0-1	63 (100%)	62 (98%)
T3-T4	38 (67%)	45 (75%)
N1	47(77%)	48(77%)
M1 (not specified) M1b M1c	35 (56%) 22 (35%) 4 (6%)	37 (60%) 18 (29%) 6 (10%)
Grade group 4-5	48 (89%)	51 (92%)
PSA (ng/ml), median,IQR	48 (18-113)	31(15-93)
High Volume ds	60 (95%)	55(87%)
≤ 20 days of ADT	55 (86%)	51 (81%)

Primary endpoint

	Lu PSMA + Docetaxel	Docetaxel	
Undetectable PSA (ie, PSA ≤0·2 ng/mL) at 48 weeks	25 (41%) of 61 patients (95% CI 30–54)	10 (16%) of 61 patients (95% CI 9–28)	OR 3.88, 95% CI 1.61–9.38; p=0.0020
Undetectable PSA at	32 (51%) of 63	20 (32%) of 62	OR 2·14, 95% CI
any other point	patients (95% CI 39– 63)	patients (95% CI 22– 45)	1·03–4·46; p=0·042
Undetectable PSA at 12 wks	11 (17%) of 63 patients (95% CI 10– 29)	11 (18%) of 62 patients (95% CI 10– 29)	OR 0.94, 95% CI 0.37–2.36; p=0.895

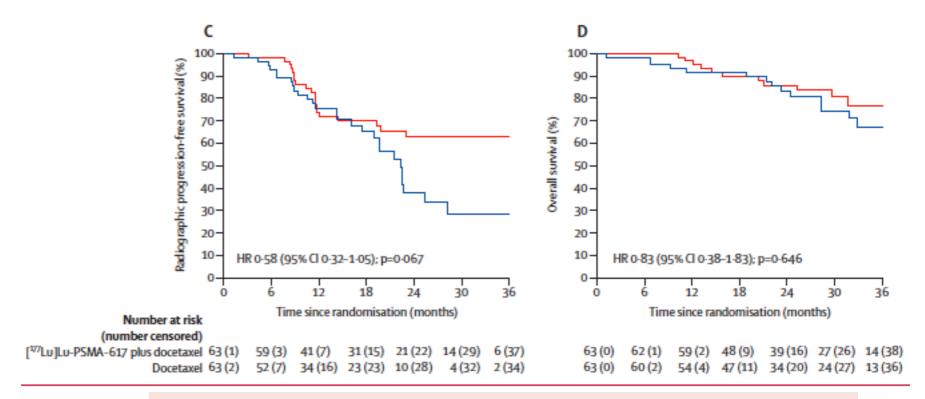


Time to event analysis



	Prostate-specific antigen progression-free survival		Freedom from castration resistance	
	[177Lu]Lu-PSMA-617 plus docetaxel group	Docetaxel alone group	[177Lu]Lu-PSMA-617 plus docetaxel group	
Median (95% CI), months	31 (14-NR)	20 (14–23)	20 (13-34)	16 (12–20)
Hazard ratio (95% CI)	0.60 (0.37-0.98)		0.60 (0.38-0.96)	
p value	0.039		0.033	

Time to event analysis

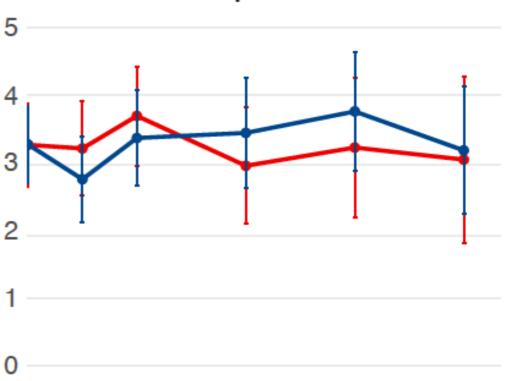


Radiographic progres	ssion-free	Overall survival	
[177Lu]Lu-PSMA-617 plus docetaxel group		[177Lu]Lu-PSMA-617 plus docetaxel group	Docetaxel alone group
NR (23-NR)	22 (17–28)	NR (38-NR)	NR (33-NR)
0.58 (0.32-1.05)		0.83 (0.38-1.83)	
0.067		0.646	**

Quality of life and pain



Worst pain in 24h



LuPSMA + Docetaxel

Docetaxel

Adverse events

	Lu PSMA+ Docetaxel (n=63)		Docetaxel (n	=63)
	Grade 1/2	Grade 3/4	Grade 1/2	Grade 3/4
Any treatment related adverse effects	44 (70%)	18(29%)	45(/1%)	17 (27%)
Tebrile neutropenia	_	7(1170)		0(10%)
Diarrhoea	10(16%)	4(5%)	16(25%)	0%
Oral mucositis	9 (14%)	2 (3%)	6 (10%)	0
Peripheral sensory neuropathy	20 (32%)	1 (2%)	27 (43%)	1 (2%)
Fatigue	35 (56%)	2 (3%)	35 (56%)	0
Anaemia	4 (6%)	2 (3%)	1 (2%)	0
Nausea	15 (24%)	0	15 (24%)	0
Dry mouth	23 (37%)	0	0	0
Alopecia	25 (40%)	0	29 (46%)	0
Bone pain	4 (6%)	1 (2%)	0	0

Limitations

- Issue with control arm: PEACE 1 and ARASENS trial has shown benefit of triplet therapy (androgen deprivation therapy + docetaxel + androgen receptor pathway inhibitors) over androgen deprivation therapy plus docetaxel
- 2. relatively short follow-up and small sample size ------→ OS data is not mature
- 3. decision to halt recruitment at 130 patients rather than our target of 140 patients. Modest decrease in power of the study
- 4. Stringent PET based inclusion criteria---→ may hinder wide application. Addition of 18F FDG PET further increases cost of treatment

Conclusion

UpFrontPSMA is the *first reported randomised study* of [177Lu]Lu-PSMA-617 in mHSPC

The primary endpoint of undetectable PSA at 48 weeks favoured [¹⁷⁷Lu]Lu-PSMA-617 plus docetaxel, together with improvements in some secondary endpoints.

[177Lu]Lu-PSMA-617 given before docetaxel had greater activity and a similar toxicity profile compared with docetaxel alone in patients with de-novo high-volume mHSPC

Overall survival and quality of life with [177Lu]Lu-PSMA-617 plus enzalutamide in metastatic castration-resistant prostate cancer (ENZA-p): secondary outcomes from an open-label, multicentre, randomised, phase 2 trial

ENZA-P

Louise Emmett, Shalini Subramaniam, Megan Crumbaker, Andrew Nguyen,
Anthony M. Joshua, Andrew J. Weickhardt, Sze-Ting Lee, Siobhan Ng, Roslyn J. Francis,
Jeffrey C. Goh, David A. Pattison, Thean Hsiang Tan, Ian D. Kirkwood, Shahneen Sandhu,
Alison Yan Zhang, Michael S. Hofman, Hayley Thomas, Andrew J. Martin,
Ian D. Davis* & Martin R. Stockler*



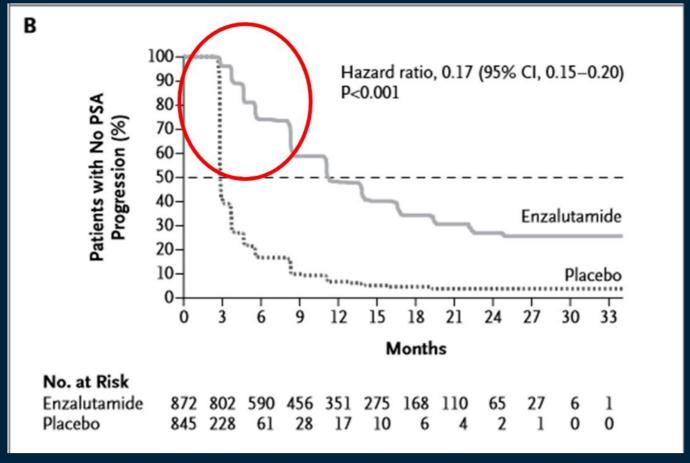
Clinicaltrials.gov NCT04419402







Introduction



PREVAIL Enzalutamide arm median PSA- PFS 11.2 months

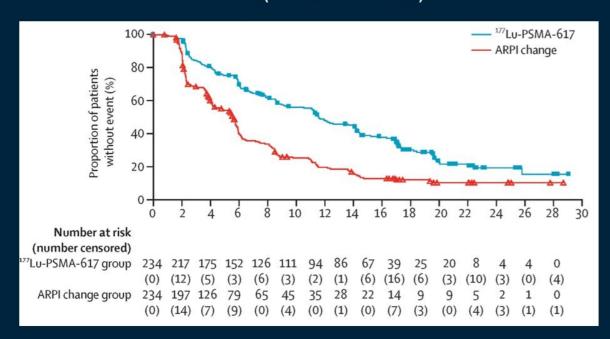




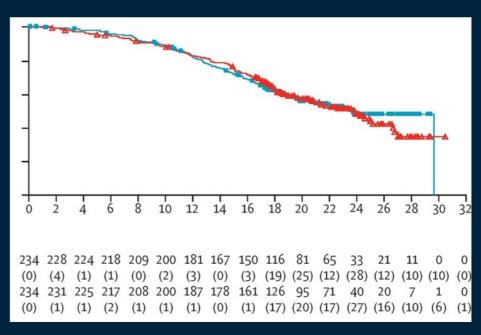


PSMAfore

R-PFS HR 0.49 (95%CI 0.39-0.61)



OS HR 0.98 (95% CI 0.75-1.28)



[177Lu]Lu-PSMA-617 vs second line ARPI in early mCRPC pre-chemotherapy 57% crossover to [177Lu]Lu-PSMA-617 in SOC arm

Lancet 2024 Sep 28;404(10459):1227-1239



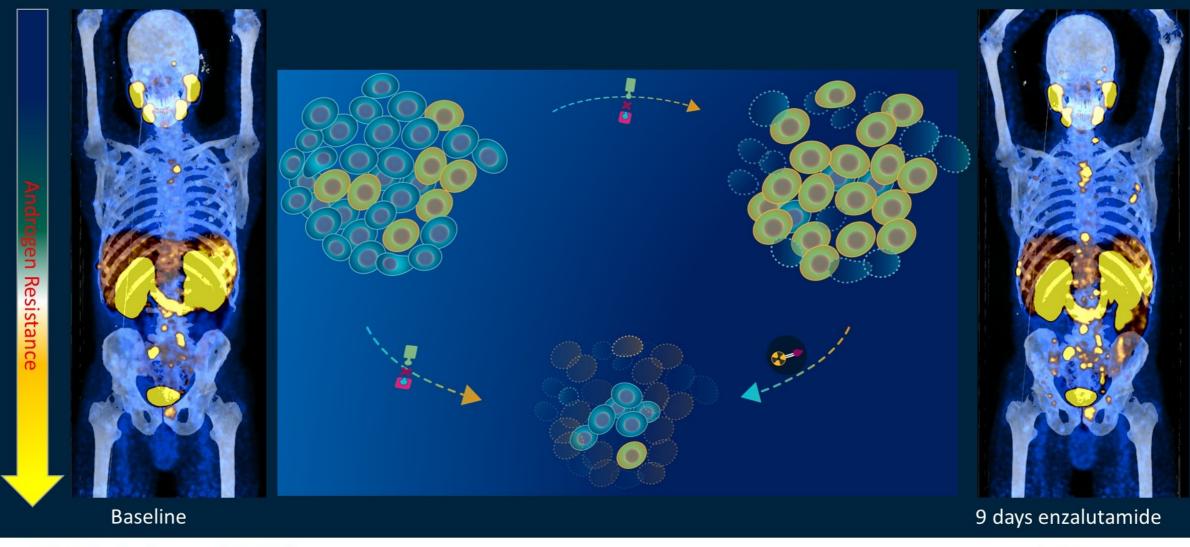


PRESENTED BY: Prof Louise Emmett

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Study Hypothesis



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ENZA-p Schema

Eligibility

mCRPC with PSA rising and >5ng/mL
No chemotherapy for mCRPC
≥2 risk features for early enzalutamide failure
Positive ⁶⁸Ga PSMA PET/CT

Enzalutamide 160 mg

R 1:1

Stratification

Study Site
Volume of disease (>20 vs ≤20)
Early docetaxel for hormone-sensitive disease
Prior treatment with abiraterone

Enzalutamide 160 mg + [177Lu]Lu- PSMA-617 7.5 GBq 2-4 doses

Objectives

PSA-PFS (primary endpoint)

Overall survival

Health-related Quality of Life

Radiographic PFS

PSA response rate

Pain response and PFS

Clinical PFS

Adverse events

Health economic analyses

Translational/correlative

ASCO Genitourinary Cancers Symposium



Screening Criteria





PSMA-PET screening criteria

SUV_{max} ≥15 at one site AND ≥10 at all measurable sites Mismatch on diagnostic CT not an exclusion

Risk Factors for Early Treatment Failure on Enzalutamide

LDH ≥ULN

ALP ≥ULN

Albumin <35g/L

De novo metastatic disease at diagnosis

<3 Years since initial diagnosis

>5 Bone metastases

Visceral metastases

PSA doubling time <84 days

Pain requiring opiates >14 days

Prior abiraterone

Imaging screen failure rate 18%







Patient Characteristics

Baseline Characteristics	Enzalutamide N = 79	Enzalutamide + LuPSMA N = 83
Age, median (IQR)	71 (63-76)	71 (66-76)
PSA at enrolment (ng/mL), median (IQR)	33 (14-85)	39 (13-75)
> 20 PSMA-avid metastases, n (%)	47 (59)	51 (61)
De novo metastatic disease at diagnosis, n (%)	46 (58)	43 (52)
Early docetaxel for hormone-sensitive disease, n (%)	45 (57)	44 (53)
Prior treatment with abiraterone, n (%)	9 (11)	12 (14)
Years since diagnosis, median (years)	2.8 (1.5-6.4)	2.2 (1.2- 6.0)

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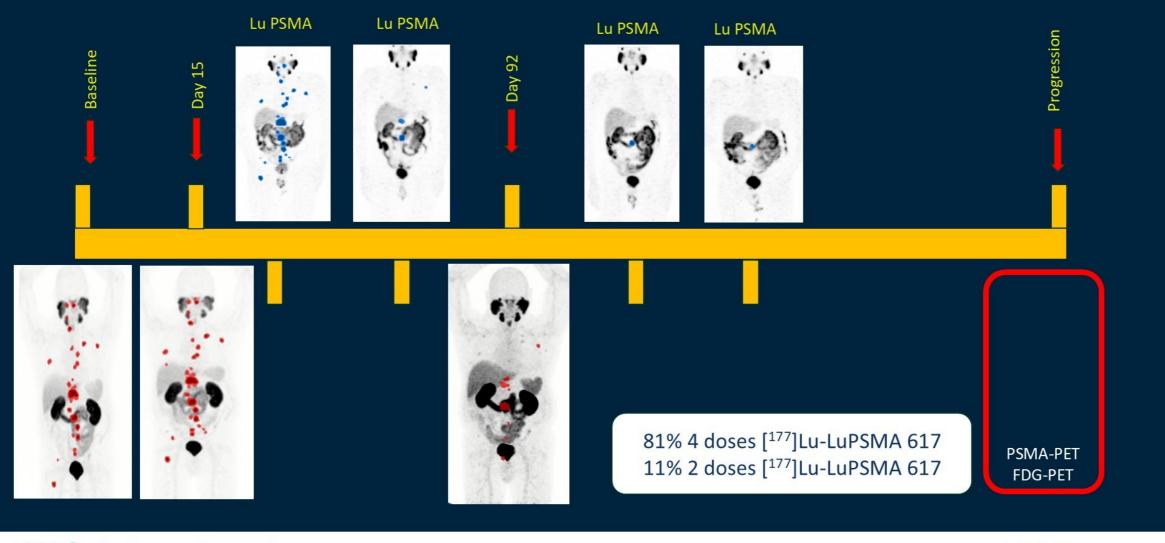


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Experimental arm: Adaptive dosing



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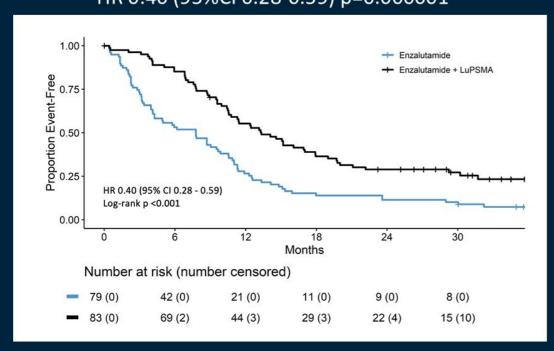
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Progression Free Survival

PSA-PFS

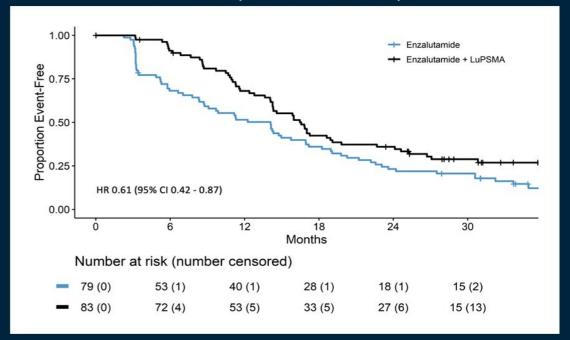
HR 0.40 (95%CI 0.28-0.59) p=0.000001



	K-PF3
HP 0 61	105% CIO 1

HR 0.61 (95% CI 0.42-0.87)

D DEC



PSA-PFS	Participants	Events	Censored	Median Months
Enzalutamide	79	73	6	7.8
Enzalutamide+[177Lu]LuPSMA617	83	60	23	13

R-PFS	Participants	Events	Censored	Median Months
Enzalutamide	79	69	10	14
Enzalutamide+[177Lu]LuPSMA617	83	56	27	17

Lancet Oncol. 2024 May;25(5):563-571





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Key Secondary Endpoints

Overall Survival time

Analysed by intention to treat, log-rank test, and Cox regression for hazard ratios Final data cut 31 July 2024. Median follow up 34 months (IQR 29-39)

Health-Related Quality of Life scores over time

QLQ-C30 scores (0-100) over time Mixed model for repeated measures (MRMM)

Deterioration-Free Survival time

Separately for physical function (PF) and for overall health and quality of life (OHQL) Time to first of ≥10-point decline in HRQL, progression, death, or treatment discontinuation Analysed by intention to treat, log-rank test, and Cox regression for hazard ratios





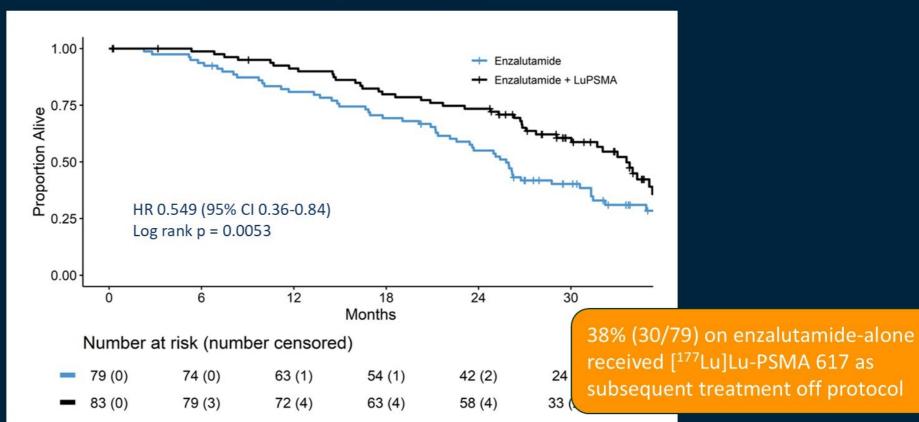








Overall Survival



Overall Survival	Partici pants	Events	Censored	Median Months
Enzalutamide	79	53	26	26 (C195% 23-31)
Enzalutamide + Lu-PSMA 617	83	43	40	34 (CI95% 30-37)

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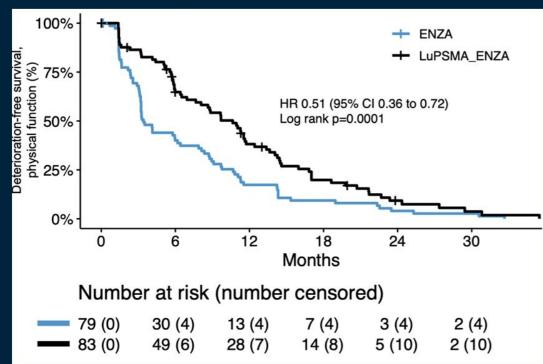
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Deterioration-Free Survival

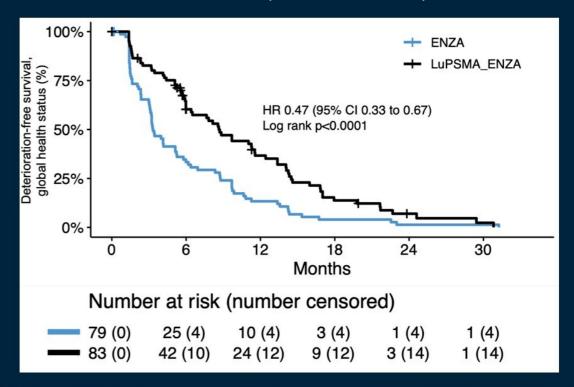
Physical Function

HR 0.51 (95%CI 0.36-0.72)



Overall Health Status

HR 0.47 (95%CI 0.33-0.67)



Physical Function	Participants	Median Months
Enzalutamide	79	3.4 (3.2-7.9)
Enzalutamide + Lu-PSMA 617	83	10.6 (7.7-12.4)

Overall Health Status	Participants	Median Months
Enzalutamide	79	3.3 (3.1-5.3)
Enzalutamide + Lu-PSMA 617	83	8.7 (6.4-11.6)





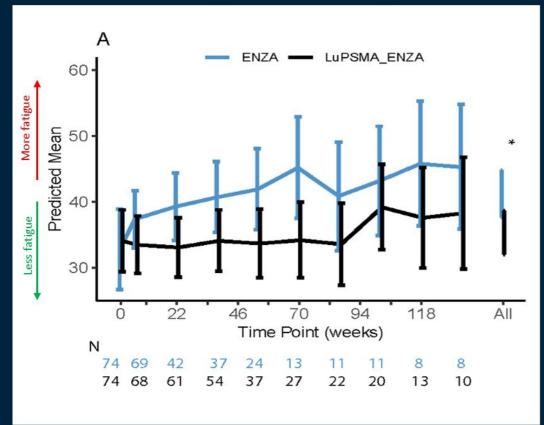
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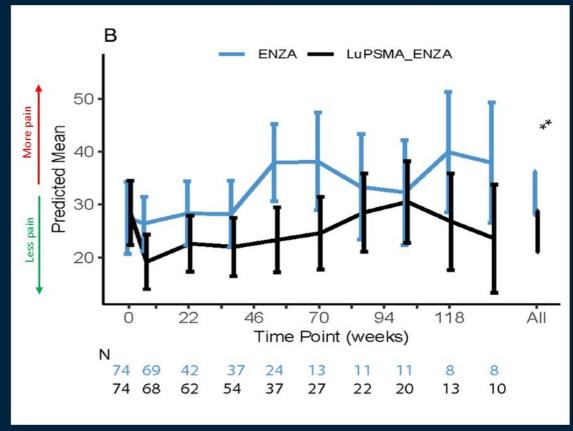
Health-Related Quality of Life

FatigueDifference 5.9, 95%Cl 1.1 to 11; p=0.02



Pain

Difference 7.3, 95%CI 1.6 to 13; p=0.01





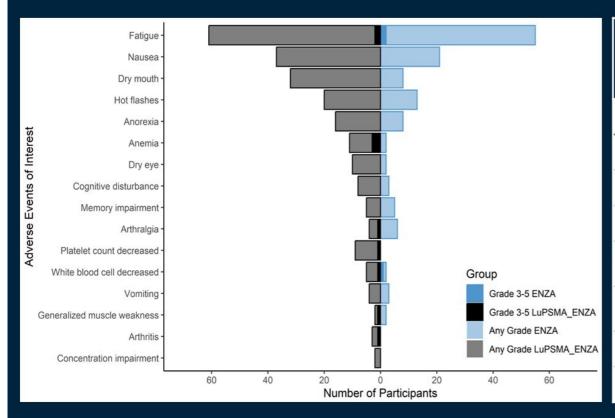








Adverse Events



Adverse Events of Interest	Enzalutamide n (%)			Enzalutamide + [¹⁷⁷ Lu]Lu-PSMA-617 n (%)		
	Grade 1-2	Grade 3	Overall	Grade 1-2	Grade 3	Overall
Any AE	64 (81)	3 (4)	67 (85)	67 (83)	8 (10)	77 (95)
Anemia	4 (5)	-	2 (3)	9(11)	3(4)	11(14)
Fatigue	53 (67)	2 (3)	55 (70)	60(74)	2 (2)	61 (75)
Platelets decreased	-		s s	7(9)	1 (1)	9 (11)
WCC decreased	1(1)	1(1)	2(3)	4(5)	1(1)	4(6)
Nausea	24(30)	(=)	s «	39(48)		3(4)
Dry Mouth	8(10)	-	8(10)	33(41)	-	32 (40)

Grade 3-5 adverse events: Enzalutamide alone 44% (35/79) vs enzalutamide + [¹⁷⁷Lu]Lu-PSMA-617 46% (37/81) **Grade 5 adverse events:** 4 with enzalutamide + [¹⁷⁷Lu]Lu-PSMA-617 and 1 with enzalutamide alone





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Discussion

Limitations

First line enzalutamide in the early mCRPC pre-chemo setting.

Selective population
Impacts broad applicability of the findings

Directions

Should PSMA RLT in prostate cancer be administered more broadly in conjunction with ARPI?

Paves the way for phase III trials leveraging these complementary therapies

Conclusions

- Combining ¹⁷⁷Lu-PSMA-617 and enzalutamide significantly improves overall survival in men with mCRPC and risk factors for early treatment failure on enzalutamide alone.
- 8-month overall survival benefit compared to an active comparator arm
- The combination improved both deterioration-free survival and health-related quality of life indicators for:

Pain

Fatigue

Physical function

Overall health and quality of life





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- ENZA-p is an investigator-initiated, cooperative-group trial led by ANZUP in partnership with the Prostate Cancer Research Alliance (PCRA): an Australian Government and Movember Joint Initiative.
- The ENZA-p trial is a collaboration between ANZUP, the NHMRC Clinical Trials Centre at the University of Sydney, and the Australasian Radiopharmaceutical Trials Network (ARTnet) with support from Endocyte a Novartis Company, St Vincent's Clinic Foundation, Genesis Care, Roy Morgan Research, MIM Software Inc. and ANSTO. Astellas provided enzalutamide for the trial.
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MIMsoftware





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THE LANCET Oncology

Overall survival and quality of life with [177Lu]Lu-PSMA-617 plus enzalutamide versus enzalutamide alone in metastatic castration-resistant prostate cancer (ENZA-p): secondary outcomes from a multicentre, open-label, randomised, phase 2 trial

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